'For every child to live an abundant life' (John 10:10)

PE and Sports Premium 2022-2023

We aim to:

- engagement of all pupils in regular physical activity
- PE and sport being raised across the school and community with a view to developing and sustaining sport and exercise as a lifestyle
- Increased confidence, knowledge and skills of all staff in teaching PE and sport: review and enhance the quality of our PE provision and curriculum.
- Broader experience of a range of sports and activities offered to all pupils
- Increased participation in competitive sport

Budget: £17,000 received in 2022-2023

Aims	Action	Impact	Cost	Evidence
Engagement of all pupils in regular physical activity	 Raise money through sporting events: Bounce-a-thon Crescent Run Themed events linked to sport in school Whole school taking part in skipping workshops Lunchtime play will include an ongoing investment in resources so that children can be actively engaged in a range of healthy sports and other activities 	 Pupils enjoy the challenge of taking part in sporting activities to raise money Children develop courageous advocacy (linked to vision children are engaged in activities during unstructured time Develop team games Heightened decision making and negotiation skills in 	£150	 Pupil Voice Pupil Ambassadors Monitoring & observations Sports Coach termly observations Staff feedback CPD Planning reviews

	 including creating and developing their own games Introduce new sports, dance, cheerleading activities to encourage more pupils to take up sport and physical activities Embed physical activity into the school day through active travel to and from school, active playgrounds (dance) and active teaching 	games (skills transferable in other curriculum areas)	Ongoing inv. In equip and resources £1000
PE and sport being raised across the school and community with a view to developing and sustaining sport, exercise, healthy eating and the promotion of good mental health as a lifestyle in the future	 Sports coach to provide sports activities within dedicated zone in playground rotating between classes Continue to encourage parents to provide healthy packed lunches Nourish, school caterers, to work with Pupil Ambassadors in regards to promoting healthy eating Well-being workshops led by Parent Engage to support sustainable life choices for the future 	 Increased understanding of team games for staff and children Children have access to and information about healthy food choices Parents have the information to support 	N/A
Increased confidence, knowledge and skills of all staff in teaching PE and sport: review and enhance the quality of our PE provision and curriculum.	 BFree delivery of PE lessons to KS1 and KS2 Observations and monitoring by SMT and external mentors Senior staff review planning and assessment Teachers to receive professional development and enhance their skills with teaching PE 	 Children being inspired to engage in sport or become very skilled in a specific sport beyond the school gate Sustaining sport in their lifestyle for the future Lessons are of high quality Teachers and support classes have enhanced level of knowledge to teach/support classes 	£8180

Broader experience of a range of sports and activities offered to all pupils	 SMT review curriculum PE curriculum will cover a wide range of sports disciplines, including Gymnastics, dance Individual and Team Sports School Partnership (CKS) – City Kids Surfing – disadvantaged children opportunities to surf in Cornwall and conversation activities Continue to increase participation in in range of after school clubs School to continue to make links with outside sporting clubs (Platform Cricket and GPA) Swimming lessons and extend to additional year group (Yrs 4 and 5) Subsidised costs for Year 6 residential 	 Curriculum is always fit for purpose and in line with statutory requirements Children will be exposed to a range of sports and have opportunities to develop personal choices Increased participation in extracurricular activities Outside of school children will have access to clubs to further develop skills and interests 	£180 £500 £200 £1700 £200	
Increased participation in competitive sport	 Deputy Head to provide after school football club for priority groups such as girls and disadvantaged Sports Competition Lead liaise with D&G sports to organise: Participation in Lewisham borough sporting events Termly Inter school multi sports competitions – Sports Competition Lead Further inter school competitions in various events for KS1 and KS2 	 Increased number of girls taking part in after school clubs and being active Raised profile of sport across the school and community All children have access to inter/intra sport competition Access to high quality coaching for athletics -Pupils enjoy the challenge of competitive sport and have the opportunity to represent their school -Children feeling proud of their success 	£2000	

 Sports Day organised annually – range of athletic activities – link with Sydenham High Ballers Coaching Academy used to improve skill level and engagement Intra school competitions multi sports – led by teachers 	 - Pupils develop resilience confidence and understanding teamwork from participation - Increased self-confidence and well being 	£160	
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Meeting national curriculum requirements for swimming and water safety

Percentage of Year 6 pupils of 2022-2023 that could swim competently, confidently and proficiently over a distance of at least 25 metres when they left St Michael's at the end of last academic year:	45%
Percentage of Year 6 pupils that could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left St Michael's at the end of last academic year:	45%
Percentage of Year 6 pupils that could perform safe self-rescue in different water-based situations when they left St Michael's at the end of last academic year:	78%